

# drb Ignite Lunch Menu Week 1








	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	<b>Cheese and Tomato Pizza ** with Dough Balls (V)</b> Cheesy Tomato Topped Pizza Slice	<b>Allegra's Poco Loco Chicken with Rice**</b> Tasty Chicken pieces, layered in tortilla wraps and a herby tomato sauce	<b>Roast Beef with Roast Potatoes and Gravy</b> Succulent roast Beef with fluffy roasties and tasty gravy	<b>Beef Meat Balls In Tomato Sauce with Pasta **</b> Beef Meatballs in a tomato sauce with pasta	<b>Golden Fish Fingers and Chips</b> Crispy Fish Fingers and scrummy chips
<b>Alternative Dish</b>	<b>Allegra's BBQ Beans (V)</b> <i>Served with Cornbread</i> 	<b>Macaroni Cheese (V)</b> Cheesy macaroni pasta	<b>Quorn Roast with Roast Potatoes and Gravy (V)</b> Quorn style roast served with roast potatoes and veg	<b>Butternut Squash and Tomato Bake with Rice (V) **</b>  A delicious butternut squash and tomato bake served with rice	<b>Quorn Dippers and Chips (V)</b> Crispy Quorn nuggets with their fav sauce – ketchup
<b>Salads</b>	<b>A Selection of Fresh Salads</b> Including Lettuce, Cucumber, Tomato, Grated Carrot, Sweetcorn and Potato Salad				
<b>Jacket Potato</b>	<b>Jacket Potato With A Choice of Fillings with Salmon Mayonnaise ***</b> 				
<b>Pasta</b>	<b>Tomato Pasta ** (V)</b> A delicious fresh, homemade tomato sauce with penne pasta				
<b>Vegetables</b>	<b>Seasonal Vegetables</b>	<b>Seasonal Vegetables</b>	<b>Seasonal Vegetables</b>	<b>Seasonal Vegetables</b>	<b>Seasonal Vegetables</b>
<b>Desserts</b>	<b>Blueberry Frozen yoghurt</b>	<b>Orange Drizzle Cake</b>	<b>Shortbread Biscuit with Fruit Slices*</b>	<b>Pineapple Upside Down Cake with Custard</b> 	<b>Chocolate and Raspberry Swirl Cake</b>
Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily *Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian					



# drb Ignite Lunch Menu Week 2





	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	<b>Cheese and Tomato Pizza ** with Dough Balls (V)</b> Cheesy Tomato Topped Pizza Slice	<b>Allegra's Chicken Katsu with Rice**</b> Served with Wholemeal Rice	<b>Jerk Chicken with Potato Wedges</b> Jerk spiced chicken served with wedges	<b>Cottage Pie</b>  A classic cottage pie with veg and gravy	<b>Southern Fried Chicken Tasters and Chips</b> Lightly seasoned crispy chicken strips and scrummy chips
<b>Alternative Dish</b>	<b>Veggie Bolognese ** (V)</b>  Penne pasta in a yummy tomato and Quorn sauce	<b>Vegetable Lasagne with a Garlic &amp; Herb Bread Wedge** (V)</b> Delicious sheets of pasta layered with veggies and tomato sauce	<b>Quorn Roast with Roast Potatoes and Gravy (V)</b>	<b>Vege Balls In Tomato Sauce with Pasta **</b> Vege Balls in a tomato sauce with pasta 	<b>The incredible Burger</b> Meatless burger in a sift bap with ketchup 
<b>Salads</b>	<b>A Selection of Fresh Salads</b> Including Lettuce, Cucumber, Tomato, Grated Carrot, Sweetcorn and Potato Salad				
<b>Jacket Potato</b>	<b>Jacket Potato With A Choice Of Fillings</b> 				
<b>Pasta</b>	<b>Tomato Pasta ** (V)</b> A delicious fresh, homemade tomato sauce with penne pasta				
<b>Vegetables</b>	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
<b>Desserts</b>	<b>Flapjack with Fruit Slices*</b> 	<b>Orange Shortbread with Fruit Slices*</b>	<b>Crunchy Chocolate Biscuit</b>	<b>Raspberry Ripple Cake</b>	<b>Vanilla Ice-Cream</b>
Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily *Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian					



# drb Ignite Lunch Menu Week 3



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	<b>Cheese and Tomato Pizza ** with Dough Balls (V)</b> Cheesy Tomato Topped Pizza Slice	<b>Allegra's Garlicky Chicken and Spanish Spuds</b> Garlic Seasoned Chicken served with potatoes 	<b>Roast Chicken with Roast Potatoes and Gravy</b> Succulent roast Chicken with fluffy roasties and tasty gravy	<b>Beef Meat Balls In Tomato Sauce with Pasta **</b>  Beef Meatballs in a tomato sauce with pasta	<b>Southern Fried Chicken Tasters</b> Lightly seasoned crispy chicken strips and scrummy chips
<b>Alternative Dish</b>	<b>Veggie Sausage and Mash with Gravy (V)</b> Fluffy mash with veggie sausages and rich gravy 	<b>Allegra's Cheesy Peasy Risotto Bake (V)</b> A delicious cheesy risotto	<b>Butternut Squash and Potato Pastry Slice with Roast Potatoes and Gravy (V)</b> A chunky Butternut Squash and potato slice	<b>Veggie Lasagne with a bread wedge (V) **</b> Delicious sheets of pasta layered with veggies and tomato sauce	<b>BBQ Veggie Burger</b> Meatless BBQ burger in a sift bap with ketchup
<b>Salads</b>	<b>A Selection of Fresh Salads</b> Including Lettuce, Cucumber, Tomato, Grated Carrot.				
<b>Jacket Potato</b>	<b>Jacket Potato With A Choice Of Fillings</b> 				
<b>Pasta</b>	<b>Tomato Pasta ** (V)</b> A delicious fresh, homemade tomato sauce with penne pasta				
<b>Vegetables</b>	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables	Seasonal Vegetables
<b>Desserts</b>	<b>Oatie Biscuit* with Fruit Slices</b> 	<b>Banana and Berry Cobbler * with Custard</b>	<b>Lemon Drizzle Cake</b>	<b>Chocolate Sponge Cake</b>	<b>Strawberry Ice Cream</b>
Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily *Fruit Based **Wholegrain ***Oily Fish (V) Vegetarian					

