

## DUDLEY SCHOOLS

	Organisation	Information	Contact Number	Website	
<b>Financial</b>	Dudley Council	Housing Support	01384 814154		
	Dudley Council	Loss of income or financial strains due to CV19	0300 555 0010		
	GOV.UK	Statutory Sick Pay			<a href="https://www.gov.uk/statutory-sick-pay">https://www.gov.uk/statutory-sick-pay</a>
		Universal Credit		0800 328 5644	<a href="https://www.gov.uk/universal-credit">https://www.gov.uk/universal-credit</a>
		Furloughed Workers Self-Employed Workers' Rights			<a href="https://www.gov.uk/government/publications/guidance-to-employers-and-businesses-about-covid-19/covid-19-guidance-for-employees">https://www.gov.uk/government/publications/guidance-to-employers-and-businesses-about-covid-19/covid-19-guidance-for-employees</a> <a href="https://www.gov.uk/guidance/claim-a-grant-through-the-coronavirus-covid-19-self-employment-income-support-scheme">https://www.gov.uk/guidance/claim-a-grant-through-the-coronavirus-covid-19-self-employment-income-support-scheme</a> <a href="https://www.gov.uk/lay-offs-short-timeworking">https://www.gov.uk/lay-offs-short-timeworking</a>
	The Money Advice Service	Entitlements CV19			<a href="https://www.moneyadviceservice.org.uk/en/articles/coronavirus-what-it-means-for-you">https://www.moneyadviceservice.org.uk/en/articles/coronavirus-what-it-means-for-you</a> <a href="https://www.citizensadvice.org.uk/debt-and-money/if-you-cant-pay-your-bills-because-of-coronavirus/">https://www.citizensadvice.org.uk/debt-and-money/if-you-cant-pay-your-bills-because-of-coronavirus/</a>
	Citizens Advice	Mortgage Rent			<a href="https://www.citizensadvice.org.uk/debt-and-money/mortgage-problems/">https://www.citizensadvice.org.uk/debt-and-money/mortgage-problems/</a> <a href="https://www.citizensadvice.org.uk/housing/renting-privately/during-your-tenancy/dealing-with-rent-arrears/">https://www.citizensadvice.org.uk/housing/renting-privately/during-your-tenancy/dealing-with-rent-arrears/</a> <a href="https://www.citizensadvice.org.uk/benefits/coronavirus-check-what-benefits-you-can-get/">https://www.citizensadvice.org.uk/benefits/coronavirus-check-what-benefits-you-can-get/</a>
		Benefits Gas/Electric		0300 3309 044	<a href="https://www.citizensadvice.org.uk/consumer/energy/energy-supply/get-help-paying-your-bills/you-cant-afford-to-top-up-your-prepayment-meter/">https://www.citizensadvice.org.uk/consumer/energy/energy-supply/get-help-paying-your-bills/you-cant-afford-to-top-up-your-prepayment-meter/</a>
	Trading Standards	CV19 Scams			<a href="https://www.nationaltradingstandards.uk/news/beware-of-covid19-scams/">https://www.nationaltradingstandards.uk/news/beware-of-covid19-scams/</a>
	West Midlands Police	CV19 Scams			<a href="https://west-midlands.police.uk/news/coronavirus-scam-warning-protect-yourself-and-your-details-fraudsters">https://west-midlands.police.uk/news/coronavirus-scam-warning-protect-yourself-and-your-details-fraudsters</a>
<b>Food</b>	Organisation	Information	Contact Number	Website	
	The Trussell Trust	Finding a Food Bank			<a href="https://www.trusselltrust.org/get-help/emergency-food/">https://www.trusselltrust.org/get-help/emergency-food/</a>
		Food Voucher Advice			<a href="https://www.trusselltrust.org/get-help/emergency-food/food-vouchers/">https://www.trusselltrust.org/get-help/emergency-food/food-vouchers/</a>
	Citizens Advice	Re: Food Banks			<a href="https://www.citizensadvice.org.uk/benefits/help-if-on-a-low-income/using-a-food-bank/">https://www.citizensadvice.org.uk/benefits/help-if-on-a-low-income/using-a-food-bank/</a>
	Black Country Foodbank	Food Bank	01384 671250	<a href="https://www.blackcountryfoodbank.org.uk">https://www.blackcountryfoodbank.org.uk</a>	
	Upper Gornal Methodist Church	Food Bank	01902 662663	<a href="https://www.ugmc.org.uk/index.php/ministries/springs-food-bank">https://www.ugmc.org.uk/index.php/ministries/springs-food-bank</a>	
	Kidderminster Foodbank	Food Bank	01562 746600	<a href="https://kidderminster.foodbank.org.uk">https://kidderminster.foodbank.org.uk</a>	
	Smethwick Foodbank	Food Bank	0121 517 0141	<a href="http://smethwick.foodbank.org.uk">http://smethwick.foodbank.org.uk</a>	
	Great Barr Foodbank	Food Bank	0121 357 5399	<a href="http://greatbarr.foodbank.org.uk/">http://greatbarr.foodbank.org.uk/</a>	
	Quinton and Oldbury Foodbank	Food Bank	07732157619	<a href="http://quintonoldbury.foodbank.org.uk/">http://quintonoldbury.foodbank.org.uk/</a>	
	Castle Car Taxis	Shopping pick-up/drop-offs	01384 240 240		
	Salma Foodbank	Food Bank	07767164246	<a href="https://www.salma-foodbank.org">https://www.salma-foodbank.org</a>	
	Midlands Langar Seva Society	Food Parcels/Prescription Pick-Ups	07860 109551 OR 07828 863681		
Robby's Fine Cuisine	Free Meals (elderly/self-isolating)	01384273287	<a href="http://www.robbys.uk.com">www.robbys.uk.com</a>		
Balti Bazaar	Free Meals (elderly/self-isolating)	01384 353800			
<b>Wellbeing</b>	Organisation	Information	Contact Number	Website	
	Dudley SPOC	Help for Vulnerable Women	01384 455411	<a href="https://www.dudleysafeandound.org/domesticabuse">https://www.dudleysafeandound.org/domesticabuse</a>	
	SafeLives	Violence and CV19		<a href="http://safelives.org.uk/news-views/domestic-abuse-and-covid-19">http://safelives.org.uk/news-views/domestic-abuse-and-covid-19</a>	
	Black Country Women's Aid	Help for Vulnerable Women	01384 455 411 Out-of-Hours: 0121 552 6484	<a href="https://blackcountrywomensaid.co.uk">https://blackcountrywomensaid.co.uk</a>	
	Safeguarding	Concern for child wellbeing	Adult: 0300 555 0055 Children: 0300 555 0050 Children (out-of-hours) 0300 555 8574	<a href="https://safeguarding.dudley.gov.uk/safeguarding/adults/">https://safeguarding.dudley.gov.uk/safeguarding/adults/</a>	
	Women's Aid	Help for Vulnerable Women		<a href="https://chat.womensaid.org.uk">https://chat.womensaid.org.uk</a>	
	ManKind	Help for Vulnerable Men	01823 334 244		
	Men's Advice Line	Help for Vulnerable Men	0808 801 0327	<a href="https://mensadvice.org.uk">https://mensadvice.org.uk</a>	
	Refuge	Help for Vulnerable Women&Children	0808 2000 24	<a href="https://www.nationaldahelpline.org.uk">https://www.nationaldahelpline.org.uk</a>	
	Stourbridge Community Support	Help for Vulnerable People	01384 812761	<a href="https://stourbridgecommunitysupport.org">https://stourbridgecommunitysupport.org</a>	
	Loaves 'n' Fishes	Poverty Relief	0121 285 3970	<a href="https://www.loavesnfishes.co.uk">https://www.loavesnfishes.co.uk</a>	
		Stourbridge	01384 818780		
		Brierley Hill	01384 813322		
	Family Centres	Dudley North	01384 813096		
		Dudley Central	01384 812440		
		Helping Hand Project	Elderly/self-isolated (text the word 'hand')	07723496916	
	Serenity Counselling	Free counselling service		<a href="http://www.serenitycounselling.net">www.serenitycounselling.net</a>	
	Black Country Radio	Community Hotline	01384 465375		
	GOV.UK	Register an Extremely Vulnerable Person		<a href="https://www.gov.uk/coronavirus-extremely-vulnerable">https://www.gov.uk/coronavirus-extremely-vulnerable</a>	
	NHS	Mental Health Helplines		<a href="https://www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines/?fbclid=IwAR2qsc5YI13XSP2luDa5mpxG_-ZeMTXKzjRXHARPRIdB0-1XDFzQKafh2E">https://www.nhs.uk/conditions/stress-anxiety-depression/mental-health-helplines/?fbclid=IwAR2qsc5YI13XSP2luDa5mpxG_-ZeMTXKzjRXHARPRIdB0-1XDFzQKafh2E</a>	
	Samaritans	Emotional Support	116 123	<a href="https://www.samaritans.org">https://www.samaritans.org</a>	
	Shout Crisis	Text "Shout"	85258	<a href="https://www.crisistextline.uk">https://www.crisistextline.uk</a>	
ReThink	Mental Illness Support	0300 123 3393	<a href="https://www.rethink.org">https://www.rethink.org</a>		
Mind Legal Advice	Legal Help re: Mental Health	0300 466 6463	<a href="https://www.mind.org.uk/about-us/our-policy-work/legal-casework/">https://www.mind.org.uk/about-us/our-policy-work/legal-casework/</a>		
Child Line	Support for Children	0800 1111	<a href="https://www.childline.org.uk">https://www.childline.org.uk</a>		
Anxiety UK	Help with Anxiety	0344 775774	<a href="https://www.anxietyuk.org.uk">https://www.anxietyuk.org.uk</a>		
NSPCC	Support for Children	0808 800 5000	<a href="https://www.nspcc.org.uk">https://www.nspcc.org.uk</a>		